

Staff: Five lines and Four spaces.

Bar Line: Divides the staff into measures.

Double Bar: End of song

Treble Clef: (G clef)

MEASURE MEASURE MEASURE

Measures: the spaces between two bar lines.

Time Signature: The two numbers at the beginning of a song.

4 Top Number means there are 4 beats in each measure.
4 Bottom Number means a quarter note receives ONE beat.
 The 4 represents a quarter note.

Counting in 4/4 Time

Whole notes and rests = 4 beats (○ ■)
Quarter notes and rests = 1 beat (♪ ♫)

8 *Breathe at breath marks* **Whole Notes and Whole Rests**

Tap: 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

9 **Breathe at the Breath Marks**

Tap: 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

10 **Are You Tapping Your Foot?**

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

11 **Quarter Notes and Quarter Rests**
 Four quarter rests equal one whole rest

Tap: 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

12 **Whole Note Tag-Alongs**

Tap: 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

13 **Morning Stretches**

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

14 **The Elephant and the Flea**

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4